



2020 Cross Country

Wednesday February 12, 2020

Dear Parents/Caregivers/Grandparents,

Stage 2 and 3 students (and Year 2 children turning 8 this year that wish to compete) will be involved in the annual school Cross Country run to be held at *Berrambool Sporting Complex* on **Tuesday March 24, 2020**. The run is part of our Physical Education program. The students will participate in activities to prepare them for this event. The only students who will be exempt from participation are those students with a medical condition and an accompanying written note.

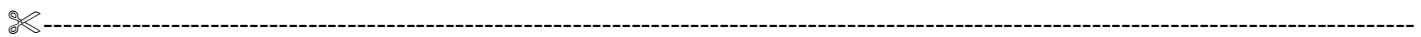
The Cross Country run will commence at 12:00pm and conclude at approximately 2:00pm. Students will be walking to and from Berrambool Oval with teacher supervision. Students are to wear their sports uniform, **running shoes** and a hat. Please bring a labelled water bottle, asthma/EpiPen medication (if appropriate) and sunscreen.

In the event of rain, excessive smoke, extreme heat or other inclement weather, the Cross Country run will be held on **Tuesday, March 31st 2020**. This permission note will cover any change in date due to weather.

Lunch will be held at school, therefore lunch orders are permitted and students will have a late recess upon returning to school.

Parents are welcome to assist on the day as volunteers at checkpoints or to be a spectator. Volunteers are required to submit their Working With Children Check details to the school a week prior, unless they have done so already. If you have any questions please see you child's class teacher. We are all looking forward to having a fun day.

Thank you.
Miss Talia Clough and Mr Shane Doherty,
3-6 Cross Country Co-ordinators



Permission to attend Cross Country – **Please return to class teacher by Friday, March 6 2020**

Dear Teacher/s,
I hereby give permission for my child _____ of class _____ to participate in the Merimbula Public School annual Cross Country run at Berrambool Sporting Complex on Tuesday March 24 2020. I understand that if needed the Cross Country run will be held on Tuesday, March 31st 2020. I am aware that my child will be walking to and from the venue with teacher supervision.

***I am able to volunteer on the day at a checkpoint* YES / NO**

My child suffers from the following medical issues: _____

Parent/Caregiver Name: _____ Signed: _____

Contact PH: _____ Date: _____

