



## Cross Country – Walking the Course

Tuesday February 5, 2019

Dear Parents/Caregivers/Grandparents,

Stage 2 and 3 students (and Year 2 children turning 8 this year that wish to compete) will be walking the cross country course to familiarise themselves with the track on **Friday, March 15 2019 (Week 7)**. In the event of rain or extreme heat, students will walk the course on **Friday, March 22 2019**. This permission note will cover the change in date due to weather.

Students will depart Merimbula Public School at 9.15am and return at approximately 10.30am. Students need to wear their hat and appropriate running shoes and carry a water bottle (and asthma/Epipen/medication if required).

Thank you

Miss Talia Clough and Mr Shane Doherty  
3-6 Cross Country Co-ordinators



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**Cross Country – Walking the Course**  
**(Return to class teacher by Friday, March 8 2019)**

Dear Teachers,

I hereby give permission for \_\_\_\_\_ of class \_\_\_\_\_ to walk the Cross Country course at Berrambool Sporting Complex on Friday March 15, 2019. I understand that in the event of rain this will be held on Friday March 22, 2019. I am aware that my child will be walking to and from the venue with teacher supervision.

***My child suffers from the following medical issues:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent/Caregiver Name: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_