



Wednesday 10th April, 2019



Kianinny
GETAWAY NATURALLY

Dear Parents and Caregivers,

The Stage 2 Kianinny camp is almost here! Kianinny school camps encourage growth in students by building healthy and dynamic relationships using a combination of challenges, adventure, fun and reflection. The activities students will be involved in present situations where team work, problem solving and communication are required with a fun and supportive environment.

Please read the following information carefully with your child. For any questions or concerns please contact your child's class teacher. Students will be accompanied by Mr Kirk, Mr Hughes, Ms Patterson, Mr Doherty and Ms Sconfienza.

Departure

Students are required to arrive at school at 8:45am on Thursday, 2nd May, 2019. They will meet under the COLA in front of the canteen with their luggage when they arrive at school. We will be boarding the buses at 9:15am.

Luggage

Students should bring one overnight bag or small suitcase (for their clothing, sleeping bag, pillow, towel and toiletries etc) and a daypack. Their small daypack is needed for their morning tea, lunch, and drink bottle to go on the bus. The daypack will be needed each day when rotating around to the different activities. **Phones, cameras and communications devices are not allowed.** If a student takes an item such as an iPod, mp3 player, camera etc. they will be collected and returned when we get back to school. Teachers will take lots of photos and will be sharing them on Facebook and/or Google Community.

Returning to School

We are scheduled to arrive back at school at 3:00pm on Friday, 3rd May, 2019. **Please note that we can't guarantee that students will be back for regular bus times so private pickup will be required.** Live updates will be posted onto the school Facebook page. Please refer to the school's Facebook page, which can be accessed via our website, for updates on arrival time.

Parent Contact

In case of emergencies, parents can contact Merimbula Public School office during school hours on 6495 1266 to get a message to the teachers.

Money and Valuables

Students should not bring any valuables to camp, including all personal devices. Teachers and other staff take no responsibility for the loss or damage to a student's personal property, including money or other valuable items.

What to Bring

<u>Clothes</u>	<u>Miscellaneous</u>
Comfortable walking shoes	Toiletries
Shirts	2 Towels
Shorts	Sunscreen
Long pants	Pillow (with pillowcase)
Underwear	Sleeping Bag
At least 2 pairs of socks	Torch (with batteries)
Pyjamas	Insect repellent (No aerosol. Roll on or cream only)
Jumper	Drink bottle
Suitable footwear for water activities (canoeing)	Packed morning tea and lunch for first day
	Small backpack or carry bag for drink bottle, hat and rain jacket.

Medication at Camp

Should your child require medication during their time at camp, please discuss this with your child's teacher in advance. Any medication should be clearly labelled with your child's name. Medications should only be given if prescribed and time, dose and date is provided by a doctor in writing. **These medications need to be given to the office on Tuesday 30th April, 2019.** If your child suffers travel sickness, please have them take 'Travelcalm' or a similar product prior to leaving on Thursday morning and inform the teachers. Tablets for the return trip should be labelled and given to **Mr Kirk** with an accompanying letter from your child's doctor which includes dosage information.

Asthma and Anaphylaxis

If your child suffers from asthma or anaphylaxis, they **MUST HAVE** an up to date asthma management plan or anaphylaxis action plan which has been prepared by their doctor. **This must be provided to the school office by Tuesday 30th April, 2019** AND on their Medical and Consent form. If this is not provided, your child



will be unable to attend camp. Children with asthma need to bring their own peak flow meters to camp and carry their inhaler with them at all times. Children at risk of anaphylaxis need to bring at least one adrenaline auto injector.

First Aid

Centre staff and Teachers hold senior first aid accreditations and can administer first aid, if required. If a student requires medical assistance, they will be taken to the nearest medical centre or hospital for assessment and their parents/guardians notified.

Life at Camp

Accommodation

Dorm rooms for students ensure the whole group of students are comfortable and in close proximity to each other, teachers and the large Bush Pavilion Mess Hall.

Meals

Kianinny Bush Cottage catering team prepares meals fresh onsite daily using their commercial grade kitchens. Students can expect home cooked style meals with generous portions to ensure no one goes hungry. All specific allergy requirements are catered for on request, for those who have already submitted their Dietary Requirements form.

Behaviour

So that camp is a fun and safe experience for everybody, rules will be in place for students to follow in line with our school values. Additional rules apply to the Kianinny Bush Retreat setting. These will be explained to your child on arrival at camp. If your child misbehaves, the teachers will decide the best course of action for the safety of all students. In the case of extreme inappropriate behaviour, or if a child demonstrates continued disobedience, they may be suspended from the camp and his/her parents may be asked to collect them. Students misbehaving may need to be excluded from activities for their own/others' safety.

Planned Itinerary

Thursday 2 nd May, 2019	
8:45 am	Students arrive at school with all luggage for roll call and housekeeping. Please remember to pack and morning snack and lunch for the first day in a small backpack. Mr Kirk will collect all medication.
9:15 am	Students depart on buses.
9:45 am	Students arrive at Kianinny Bush Retreat. Students are shown their accommodation and given rules and expectation to remain safe during their stay.
10:30 am	Activity 1. The 6 activities include: -Flying Fox -Low Ropes Course -Archery -Sensory -Canoeing -Rec Choice that includes volleyball, basketball, tennis, soccer, bush walking, rock climbing wall or mini golf
12:00 pm	LUNCH (to be packed from home)
1:00 pm	Activity 2
2:30 pm	Afternoon Tea
3:00 pm	Activity 3
4:30 pm	Free time
6:00 pm	Dinner
7:30 pm	Supervised games night
9:00 pm	Bed
Friday 3 rd May, 2019	
8:00 am	Breakfast
9:00 am	Activity 4
10:30 am	Morning Tea
10:45 am	Activity 5
12:15 pm	Lunch
12:45 pm	Activity 6
2:30 pm	Depart
3:00 pm	Return to school. <u>Please note that we can't guarantee that students will be back for regular bus times so private pickup will be required.</u>

Thank you for your support,

Ben Kirk

Stage 2/3 Relieving Assistant Principal