

Dear Parents, Grandparents and Caregivers,

It is nearly time for Stage 3 to begin our journey to the Jindabyne Sport and Recreation Centre. Thank you to everyone who completed the online medical and consent form by the due date. This note sets out the final steps you will need to take to ensure that your child (and you) are prepared for departure.

Essential Information:

 Location: Jindabyne Sport and Recreation Centre https://sportandrecreation.nsw.gov.au/facilities/jindabyne
 Dates: Tuesday 8th November - Friday 11th November
 Departure Time/Location: 9:15am from Merimbula Public School (Canteen COLA)
 Return Time/Location: 3.00pm at Merimbula Public School (Canteen COLA)
 Teachers Attending: Ms Vanessa Bain, Mrs Lisa Kellaway, Mr Adam Hughes, Ms Caitlin Patterson.

Departure and Return:

Students will depart from MPS at approximately 9:15am on Tuesday 8th November. Catching their normal bus to school will enable students to arrive in adequate time. We are scheduled to return to school on Friday, November 11th by 3.00pm, in time for the normal home time routine. However, please be considerate of the luggage they will be carrying and catching a bus to and from school at the beginning and conclusion of the camp may be difficult.

Medications:

All medications that students require on camp need to be presented to a teacher when they arrive at school. **Mr Hughes will be collecting the boys' medication** and **Ms Bain will be collecting the medication for the girls.** All medication, including travel sickness medication, such as 'Travacalm', are required to be in their original packaging, with students name and dose written neatly and clearly on the box. **An authorized, signed letter from your doctor also needs to be presented that outlines <u>all</u> medications required by your child**.

Emergency Contact:

Camp updates and return time will be posted on the school's Facebook page and via the 'School Stream' App. If you have any questions whilst your child is on camp, please phone the school office, during business hours (8.30am – 3.30pm), on 64951266. Students should not have phones with them and should not be contacting home. In the case of emergencies you can contact your child by phoning the Jindabyne Sport and Recreation Centre on (02) 6450 0200.

What to Bring:

Please ensure you have referred to packing list provided in the last note home. A packing list can also be found on the website provided below. If you require another packing list, please have your child see their teacher. It has still been very cold in Jindabyne and throughout Kosciuszko National Park. Please ensure that your child has packed enough warm clothes and their daypack is adequate to fit their water bottle,

beanie, hat, and jumper/jacket. Students must ensure they have a comfortable pair of running/walking shoes that secure tightly as they will be doing a lot of walking and climbing. Please do not forget the extra pair of enclosed shoes that students will need to participate in the water activities. https://sportandrecreation.nsw.gov.au/facilities/schools/parent

Alpine Walk:

On day two of the camp students will attempt to scale the highest peak in Australia, Mt Kosciuszko. From the top of the Thredbo chairlift, the walk is a 13km round trip. Please ensure your child is prepared for this with adequate shoes, hat, sunscreen, beanie, warm jacket and lip balm. It is tough going but a highly rewarding experience that all students will remember for a long time.

Accommodation:

Accommodation on camp consists of separate cabins that house 4 rooms of 8 beds. Each cabin also has two teacher rooms. Children will be given the opportunity at school to choose their room groups.

Behaviour on Camp:

Behaviour expectations on camp are the same as expected when students are at school. We expect that students are well mannered, supportive of each other and always have our school values of Respect, Responsibility and Resilience at the forefront of their thoughts at all times whilst on camp. Please refer to the attached behavior expectations for further details on behavior expectations.

Students not Attending Camp:

Students who are not attending the camp should attend school as normal, but will be placed in classes throughout the school where they will be given roles to support younger students.

Depart MPS for Jindabyne at 9:15am Arrive at Jindabyne 12:30pm		
GROUP 1	GROUP 2	GROUP 3
Welcome & Lunch	Welcome & Lunch	Welcome & Lunch
Canoeing Raftbuilding	Raftbuilding Canoeing	Archery Slider Trikes
Alpine Walk Archery Slider Trikes Challenge Ropes		
Slider Trikes	Archery	Flying Fox
Cookout		
Challenge Ropes	Challenge Ropes	Canoeing
Flying Fox	Flying Fox	Raftbuilding
Lı	unch & Depart Jindabyne at 12:30pm Arrive at MPS 3pm	

If you have any more questions regarding the camp, please contact your child's teacher. Again we appreciate your support by helping us provide this fantastic experience for your child.

Regards, Stage 3 teachers.

Program