



Wednesday, 28 June, 2022

2022 Interschools Snow Sport Event Consent Form

Dear Parents/Caregivers,

The 2022 ACT/Regional NSW Interschools Snowsports event will take place at Perisher Resort in Week 1 of Term 3.

In order for your children to participate they will need to complete and return this student details form to school as soon as possible. Start lists and times will be sent out when the information becomes available, and I will be at Perisher during the events to hand out bibs and take the students through a course inspection prior to their races.

Please familiarise yourself with the rules of competition on the Interschools website <https://www.interschools.com.au/home-nsw-act-qld-sa/policies-important-documents/> prior to the competition dates.

Thank you,

Craig Morris
Coordinator

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Dear Mr Morris,

I give permission for my child _____ of class _____ to take part in the 2022 Regional Interschools Snow Sport Competition at Perisher Resort (July 19 – July 22, 2022).

I have completed my online Interschools Application, have made payment and have completed the related waiver.

I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at the event. I confirm that my child will not attend if displaying any symptoms of illness and/or if directed to isolate under NSW Health orders.

Name of Parent/Caregiver: _____

Signed: _____ Date: _____

1. Student Details (Please print clearly)

Student Full Name: _____ Date of Birth: _____

Parents/Caregiver Full Name: _____

Address: _____ Postcode: _____

Phone: (H) _____ (W) _____ (M) _____

2. Medical Details

Medicare Number: _____ Exp Date: _____

My child is allergic to:

Any medical details or special needs which the Supervising Staff might need to know:

3. Medical Assistance:

I understand that the teacher in charge of the excursion will seek medical aid for my daughter/son/ward should he/she deem this necessary. I further understand that medical aid if it is considered necessary may be sought by a qualified ski patroller from a ski resort.

The personal information provided on this permission note, will be used by the Department of Education and Communities for general administration and communication and other matters of welfare relating to your child at this event. The provision of this information is voluntary but your child may not be able to participate if it is not provided. This information will be stored securely and may be amended at any time by contacting the team management.

4. Skiing/Snowboarding/Cross Country Skiing ability (Please refer to the Self Evaluation Guide provided)

Please indicate the level of your son/daughter's skiing/snowboarding/cross country skiing ability:

Alpine Level: _____

Snowboarding Level: _____

Cross Country Level: _____



5. Excursion Conditions:

I understand that his/her attendance on this excursion depends on:

1. Exemplary behaviour whilst on the excursion
2. Full payment for the excursion by the date shown above
3. Students are to comply with the school's Welfare and Discipline Policy`

Name: _____ Signature: _____ Date: _____

Phone: (H) _____ (W) _____

Name of another contact person: _____ Phone: _____

Important Information: In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the department of its duty of care to students that may result in claims for compensation.

Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, school sport zone, region and state school sport associations when deciding whether additional insurance cover is required prior to their child's involvement in the program. Personal accident insurance cover is available through normal retail insurance outlets.

Parents who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body. The Supplementary Scheme does not cover medical expenses or dental costs. Further information can be obtained from <https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#gref>. Further information regarding student accident insurance and private health cover is provided at: <https://app.education.nsw.gov.au/sport/File/1449>.

Self-evaluation guide of students skiing/snowboarding ability

Skier

Skier	Present Ability	Goal
Level 1	First time skier.	Learn basic skills; gliding on snow, turning & stopping, ride a beginner lift.
Level 2	Can stop and do basic turns.	Refine turning skills for speed control and learn how to ride a lift.
Level 3	Can ride a beginner lift and confidently control speed through snowplough turns.	Learn to skid skis parallel at the end of turn, gain confidence on steeper slopes.
Level 4	Are confident riding lifts and can bring the skis parallel during the turn.	Improve skills to ski parallel confidently on intermediate terrain.
Level 5	Can start the turn with the skis parallel on all intermediate terrain.	Consolidate parallel turns and improve edging skills. Develop short radius turns with pole plant and ski easy moguls. Refine style and technique.

Boarder

Boarder	Present Ability	Goal
Level 1	First time Snowboarder.	Learn how to stop, control direction and ride a beginner lift.
Level 2	You can stop on both heel and toe edges.	Learn to make basic turns in both directions and link turns.
Level 3	You can link skidded turns on green (easiest) terrain.	Build confidence and refine turning skills.
Level 4	You can link turns on blue (intermediate) terrain. Beginning basic freestyle.	Introduce varied turn shape. Develop freestyle skills "fakie" and basic airs. Build confidence in varied terrain.

Cross Country (Nordic) Skier

Skier	Present Ability	Goal
Level 1	First time Cross Country or Nordic skier	Learn basic skills; gliding on snow, going uphill easily and changing direction
Level 2	Have a little experience on Nordic skis previously. You can stoop and do basic skills – a refresher	Refine basic gliding skills & stance: learn to change direction on the move and use terrain.
Level 3	You can glide but want to develop rhythm and change direction confidently to control speed.	Learn to glide and stride with confidence, gain confidence on varied terrain and snow conditions.
Level 4	You are confident with glide and balance to progress to skate skiing. Can ski with finesse and balance.	Improve skills to ski with glide and work on skate skills. Can use terrain.
Level 5	You can utilise the terrain with some confidence. Skate and stride with balance and rhythm.	Refine style and technique to enhance glide whether you diagonal stride or skate.
Skill Workshop	You can confidently ski most of the Trail network in various conditions.	Dynamic skate skiing & turns, refine gliding skills, adapting to ungroomed and varied conditions.