

Dear Parents and Caregivers,

We are excited to let you know that we are taking part in National Bandanna Day this year. Held on the last Friday in October, Bandanna Day is the flagship fundraising and awareness campaign for Canteen.

Canteen provides free and tailored support to young people aged 12-25 who are impacted by cancer. Whether they are dealing with their own diagnosis, a close family member's cancer or the death of a loved one, Canteen provides support such as counselling, peer support events and youth friendly resources.

Young people impacted by cancer are up to six times more likely to face mental health issues like anxiety or depression than their peers. After just six months of support from Canteen, almost two-thirds of young people report improvements in their mental health and overall wellbeing. Canteen also provides services for parents dealing with cancer in their family, because our research shows that when parents are supported through cancer, their children cope much better as well.

This Bandanna Day, Merimbula Public School will be selling a variety of bandannas as part of Bandanna Day on <u>Friday, October 28.</u>

Bandannas will be available for pre-purchasing through the admin office from next Monday. This year we have one type of bandanna, the cotton bandanna costing \$5 each *(cash only please)*. Bandannas purchased will then be taken to students in their classes, where they will choose a design. Students can then wear their bandanna prior to and on **Friday, 28 October.** 

Brenton Mace and Vanessa Bain Learning and Wellbeing Team

## Bandanna Day 2022 - Friday, 28 October

<u>Please state the number of bandannas you are purchasing and return your order and cash payment to the front</u> <u>office. Orders that come in first will be given first selection in choosing a design.</u>

Cotton Bandanna (\$5 each <i>cash only</i> ):	QTY	Total \$	enclosed
Student Name:		Class:	
Student Name:		Class:	
Student Name:		Class:	
Parent/Carer Name:	Signed:		Date:



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